



Dear Parents/Guardians,

As the State of Ohio begins to lift the ban on highschool sports, it is important that our scholars have the opportunity to participate in the activity of their choice. In an effort to prevent and control the spread of COVID 19, the Youngstown City School District is adhering to strict guidelines set by the Ohio High School Athletic Association (OHSAA). We know how important it is to keep our scholars active in athletics, so we are taking all of the necessary precautions to protect them during this critical time.

Below are the guidelines for both Outdoor and Indoor sports:

Indoor Sports- Volleyball, Basketball, Football & Cross Country during inclement weather
Outdoor Sports- Football, Cross Country, Baseball, Softball

- Check in with the Athletic Trainer before practice begins to have temperature taken. **(Parents are to wait in the car until the scholar is cleared).**
- Social distancing (Stay 6 feet away from others)
- Frequently wash hands or use alcohol-based (at least 60% alcohol) hand sanitizer when soap and water are not available
- Wear cloth face coverings or masks while waiting for conditioning to start or while in common areas
- Avoiding touching eyes, nose, and mouth
- Sneeze or cough into elbow or tissue
- Stay home when sick
- Clean and disinfect frequently touched objects and surfaces
- Clean and disinfect equipment after every use
- Sanitize hands after each station in the weight room
- DO NOT share water bottles. (Please bring your own)
- DO NOT share equipment (knee pads, reversible jerseys, towels, etc.)
- Avoid using other scholar's belongings (phones, headphones, etc.)
- No more than 12 student athletes allowed in the weight room at one time with 1 Instructor/Coach
- Use designated doors to enter the building. DO NOT let anyone in the building that you do not know.
- No locker room usage until further notice
- Use designated restrooms, with no more than 2 people at a time
- DO NOT go into undesignated parts of the building at ANY time
- Food will be bagged or packaged

For Coaches Only

- Any "Out of Season" sport must cancel practice if there is inclement weather
- Scrimmages are to be scheduled with the AD to keep track of who is in the building at scheduled times

DAILY PROCEDURE WHEN ARRIVING TO SCHOOL

1. Scholars will line up outside of the school at designated door while maintaining 6 feet distance between other scholars.
2. Scholars will have their temperatures taken and screened for signs and symptoms such as, cough, sore throat, shortness of breath, difficulty breathing, loss of taste/smell, chills and body aches prior to entering the building. If temperature reads 100.3 degrees or higher, or if the child displays any of the above mentioned symptoms they **WILL NOT** be permitted to enter the building and **MUST** return home immediately. **PARENTS PLEASE REMAIN IN YOUR VEHICLES UNTIL YOUR CHILD IS CLEARED.**

If scholar is not cleared because they displayed any of the symptoms mentioned above, they **CANNOT** report back to school until they meet one of the following requirements:

~ Present a written note from physician stating they are able to return to school

OR

~Child must remain home for a total of **14 (fourteen) days**

3. Once the scholar is cleared, they will be permitted to enter the building and report to their assigned area.